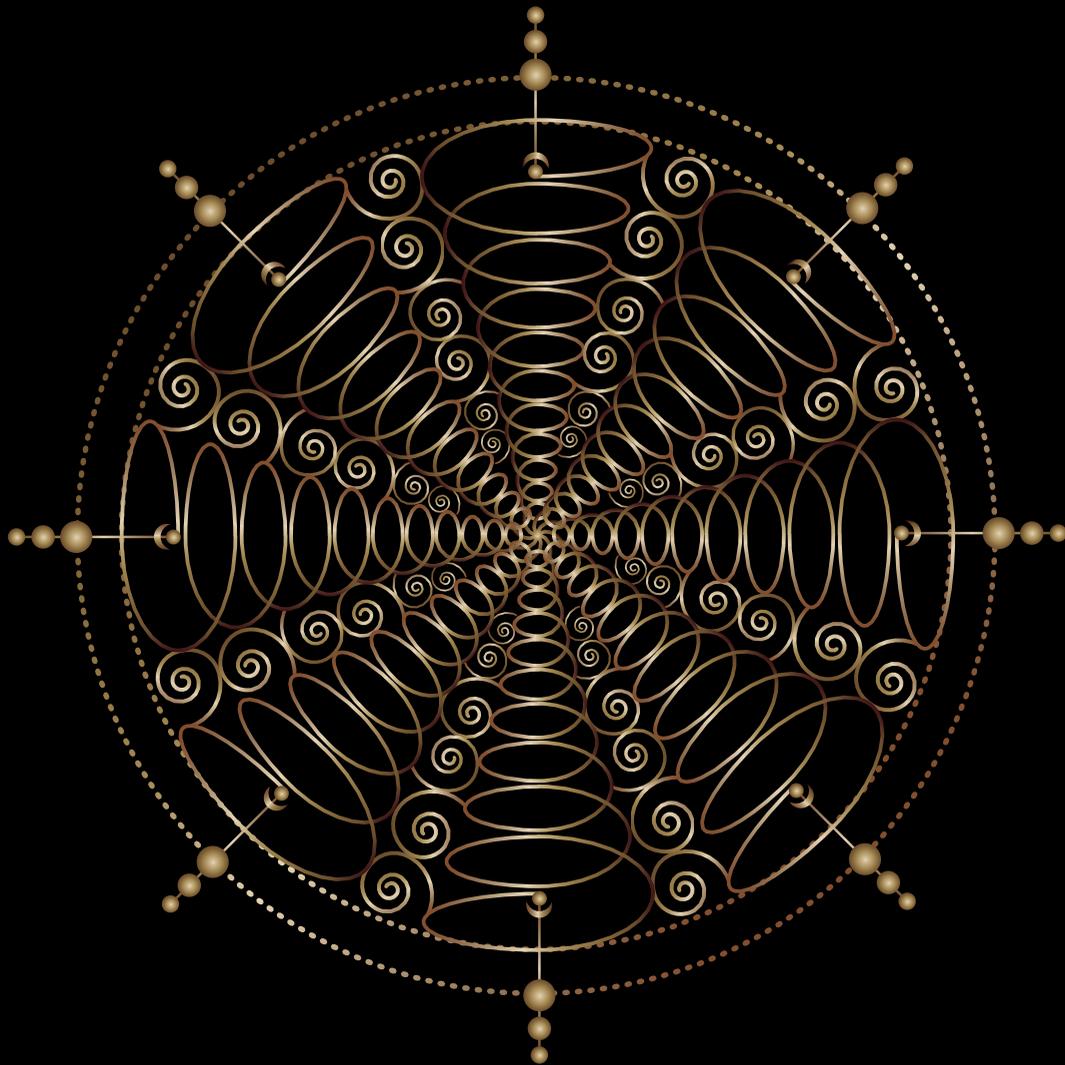


THE AKASHIC RECORDS

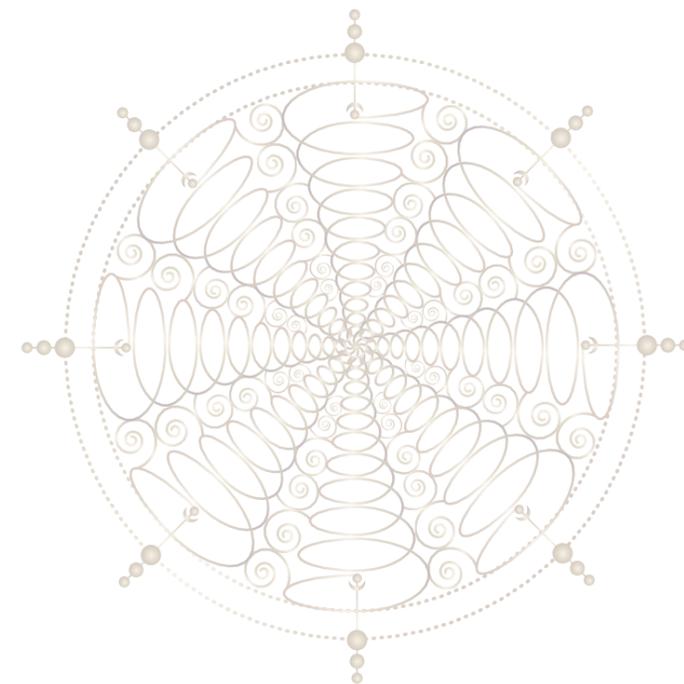


A Course / Workbook for Accessing and Reading
the Akashic Records for Yourself and Others

Created by
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SECTION 6

ACCESSING & READING THE AKASHIC RECORDS FOR OTHER PEOPLE



READING THE RECORDS FOR OTHER PEOPLE

WHO CAN/SHOULD READ THE AKASHIC RECORDS OF OTHERS?

No matter where you are on your journey, you can become attuned to not only accessing, but also reading the Records for others. It's really more about your intent and how much ego is involved. If your higher self detects that you have nefarious intentions about finding information about others that you want to use to harm them in any way ... you will be completely shut out from their Records.

WHO IS LOOKING FOR AKASHIC RECORDS READINGS?

- Those who want to look deeper into current traumas to see if they are based on other incarnations
- Those who want to find a way to heal an emotional attachment that has been plaguing them
- Those who are curious and just want information
- Those who have patterns that need to be reset or removed
- Those who want to know more about their purpose(s), gifts, abilities, origins
- Those that just want to know whatever it is they need to know right now

BECOMING A CLEAR CHANNEL: SETTING ASIDE YOUR EXPECTATIONS AND YOUR EGO

It is of the utmost importance that you are in an energetic state of clarity and balance before you enter the Records. Consider how you feel before you start a reading. When we enter the Records, it is important to be able to put aside all expectations and ego, because those are of a density and frequency that do not resonate with the Akashic Records. We must go into the Records with the intention of doing so WITHOUT FILTER, EGO, PERSONALITY, OR JUDGMENT. It is not for us to decide what we will experience in the Records, or what information we choose to share. It is not for us to judge what someone else has experienced in another incarnation...particularly if it might seem a bit unsavory. Your ability to have compassion and empathy, and remain neutral & without judgment are absolutely key to this process. It goes right along with setting the intentions that you are doing these readings for your and your client's highest, best, and greatest good.

LESS IS MORE! OR MORE IS MORE!

When I do readings, I prefer to "go in blind", which basically means that I don't know any details beyond the question(s) they are asking. If I have too much pre-information, I tend to doubt myself, and thoughts of "Well, I kind of already knew that information ahead of time, so am I really just expounding based on my own opinions and thoughts here?" In order to remove all doubt from my mind, I trust that my not knowing details ahead of time is for my highest, best and greatest good. This does NOT mean that you have to do the same. If you feel more comfortable with asking for more details before you go into someone's Records, then by all means do that! Everyone goes into the Records differently. Sometimes pinpointing can help you get straight to the root of a problem!

WHAT IF SOMEONE ASKS YOU TO READ A FRIEND/FAMILY MEMBER/CO-WORKER/DECEASED LOVE ONE/OTHER'S AKASHIC RECORDS?

When someone asks you for a reading, they are in essence giving you permission to access their Records. If you don't have permission from someone, chances are that you will be locked out of access to their Records. Now, as you progress past the point of ego being involved in everything that you do, you may find that other people's Records are trying to get YOUR attention, just by being in their presence. This is happening because you have reached that level of being able to access this information without the need to do anything with it.

Clients will sometimes ask for a reading about lifetimes with their spouses, kids, parents, co-workers, friends, etc. A lot of times the kid's higher selves are so excited to be part of this process that they will immediately give permission. Children in these times are born at a higher frequency than ever before. They are very aware and connected to Source and their higher selves and are excited to help facilitate a loved one's healing journey.

Spouses, parents, co-workers, friends, and other's higher selves may be more reluctant or completely against sharing anything at all. You will know whether or not you have access right away ... because let's say you are doing a reading about your client's relationship with their partner, and as you go into the Records and ask if the partner's higher self

gives permission, you will either feel immediate access or it will be like a sealed door that you can't get through. Now this doesn't mean you won't get information regarding the other person from the client's perspective, it simply means that you won't get the other person's perspective or additional info. Remember that all souls have free will, so it is completely their choice and within their rights to decide whether or not you or your client need to hear anything at all from their point of view.

DELIVERING TRAUMATIC NEWS

It's never easy to give someone "bad news". Imagine how it feels to have to tell someone they were burned at the stake, died in a freak weather event, drowned, lost a limb in a war, lost a child, that their parents were abusive, or worse that they were abusers themselves.....

No matter what information you get, it was meant to be shared. Truly! Their guides will not give you info that your client isn't ready for. You may have doubts as to why you need to share this, but I assure you that their higher self has deemed that this is the right time for it to come to the surface. That being said, you may need to find a way to deliver the news gently and with compassion. Feel into how you would like to receive information like that, and deliver accordingly. This information needs to be heard (given a vibration through voice) so that it can be acknowledged, accepted, integrated, and thus the attachment to the emotions of it can be released.

As an example of this, let me share an experience I had during one of my very first client readings. I felt like I was choking and my neck was breaking as a lifetime for the client came up where she was hung as a witch. I truly hesitated to share this info because it felt too traumatic and I of course thought I must be making this up, because why would any client ever need to hear something like this. My guides kept nudging me to tell her. When I finally relented, she started sobbing and saying that she's been dealing with neck pain for a long time and she always wondered why.

AM I HEALING OTHERS THROUGH THE AKASHIC RECORDS?

You are not healing others, you are helping others to heal themselves. You are, in essence, becoming someone else's guide through the process of discovery to help them heal themselves. You will be providing information, messages, potential, connections to other beings "beyond the veil", insights, suggestions, guidance, support, tools, ways of incorporating healing modalities, etc. The saying goes "You can lead a horse to water, but you can't make it drink" for a reason. When applied to the process of reading someone's Akashic Records, you can be there for support and guidance but if they are not ready to begin the healing process then there is nothing you can do to make them get there faster. You are holding space for their journey through the process. You are bringing them awareness. They go through acknowledgment and acceptance on their own. The last part, integration, release, healing, is a co-creative process that you may be able to do with your client.

That being said, it is entirely possible to do healing within and through the Records. As mentioned earlier in the course, some readers will feel drawn to incorporate other healing modalities during and after a reading. This is a completely personal and intuitive process. Not every reader will feel called to offer any kind of healing modality, but some will. It is your choice and what you feel drawn to offer.

There are a number of very talented Readers and Healers in our private Facebook group that you have access too. Feel free to post in the group, if you feel so guided, and ask what everyone offers ... because some of their modalities may be just the thing your client needs to help them along their own healing process.

CLIENT MESSAGES THAT ALSO APPLY TO US

It is quite common that the information or messages that we receive in a reading for a client may also apply to us. There's a resonance as to who finds you for a reading ... remember the Law of Attraction? Let's say you are obsessed with Atlantis lately ... you sleep, dream, and live all things Atlantis. Suddenly the majority of your clients are showing up with past lives also from Atlantis. Many times we are re-connecting to other souls that we had previous incarnation experiences with, and many times we may hear messages meant for our clients that also apply to something that is happening in our own lives.

WHAT IF I'M NOT GETTING ANY INFORMATION IN MY READINGS?

There can be a few reasons for this:

1. You have not set your intention to open that person's Records
2. Their higher self or the Lords of the Records are blocking your access
3. Your energy/vibration/frequency is not in energetic alignment with the Records
4. The questions you are asking for information on may be irrelevant
5. There may be no actual incarnations that apply to that question

Step away and do some kind of self care. Whether it be a quiet meditation, listening to the Solfeggio frequencies, taking a shower or bath, smudging, whatever tool you use to re-ground and re-connect. Sometimes you might need to take a day away and come back to it later. You can always go back to the heart centered meditation I provided earlier in the course, or spend some time with either the Akashic Records mandala, or working with the Chakra or Elements mandalas.

Another avenue to pursue would be to re-word the questions, or instead ask the most basic question, "What does my client need to know right now?" It seems so basic, but you may actually get so much more information than you imagined by leaving it open ended. It's ok to tell your client that whatever they were specifically asking for was not generating any answers and so you invited their higher self and guides to provide you with what they thought was needed at that time.

HOW TO PRESENT A LIVE OR IN-PERSON READING

I always tell my in-person clients at the very beginning that I will spend the first half of the reading going into the Records and describing each story as it comes through. I provide a pen and paper for them to take notes. I also provide tissues because you never know how emotional a reading can get. Then when I am done we have the discussion part of the reading. Inevitably, more Records information will come through during the discussion and debrief part of the reading. You get to decide how long your reading will take and how long the discussion part will take. It can change over time as you hone your practice.

RECORDED READINGS

With the recording, a client may pause and go back to hear anything again at any time. They can listen to it as many times as they need to. Each time there is the possibility to uncover something that wasn't heard before. It is a permanent record that they may refer back to at any time. If they are note-takers, it's easy for them to pause the recording at any time and write or reflect. NOTE: The recordings are rather large files and sometimes can only be emailed via a link. Depending on the linking service that you choose to use, the link is only active for 30 days so be sure to tell your clients to download the recording before it gets deleted from the server. I use the voice memo app on my phone to record my readings, and Dropbox or my Google Drive to send the link. You can use whatever technology works best for you.

Some of the information that I bring forth can create a very visceral, emotional response. Having the recording will give the client time to stop or pause and digest the information and come to terms with any traumas that have been uncovered. The client will have time to gather their thoughts and decide if they would like to book a follow up phone call in order to debrief (if that is a service you decide to offer).

HAND WRITTEN / EMAIL / PDF READINGS

If you are creative and artistic, feel free to add your own flair. Come up with a template, maybe add some hand sketched art or quotes, maybe some images that represent what you see in the reading. Typing out straight text is fine too. You can really keep this basic or take it to the next level with presentation.

READING THE RECORDS AS A BUSINESS OFFERING

Becoming an Akashic Records reader is not for everyone. You may decide that it's simply a fun hobby and you like to use to help your family and friends tap in from time to time. You may feel that it's a fantastic tool to add to your metaphysical toolbox and access these gifts anytime you are doing other healing or energy work. If you feel really drawn to offering this service as part of your business offerings, then know that you may end up developing your own custom way of giving a reading. The way that you learned in this course is not the only way to do a reading. There is always the option to book a mentor call with me so that we can discuss the finer points of creating this service offering in accordance to your own

personality, modalities, etc. I'm happy to give you the ins and outs of how I started my own business and even how it led to teaching this course.

DEALING WITH DOUBT

Even though we already touched on this earlier in the course, it may come up for you as you begin doing your readings for other people. It's natural for our egos to want to keep us in a safe little box, and so it's natural for our egos to continue to doubt everything that seems unusual or different.

In some cases you have no way to verify the information you are given. Even if you have asked your clients to share their experiences with you after they receive your reading, and even if everything you said was totally validated....you still may doubt. IT'S OK!!! Please give yourself some compassion and grace to attune yourself to this process. Know that if you are offering this service to the world with the intention to be a clear channel so that others may go through their own awakening and/or healing process, then everything that comes through will be the exact truth that is needed for each of you. This may be the where you need the most support so please lean on the Facebook group/community because I'm sure you will hear similar issues from others who have gone through this process.

MIXED RESPONSES FROM CLIENTS

Your readings will most likely be off-the-charts amazing experiences for most of your clients. I mean, if they weren't open to this kind of thing, they wouldn't have booked a reading with you in the first place. This is a sure sign that you were brought together because you in particular were meant to deliver specific information to them, that they were meant to hear specifically from you. So keep in mind that you are the messenger, the bringer of information, and it's not your job to make sure your client is happy with that information. You may get rave reviews, heartfelt validations, and glowing testimonials. Conversely, you may get an occasional client who is upset or disappointed for any number of reasons such as:

- Client doesn't understand the information you have given them because they are energetically blocking themselves from receiving it
- You were guided to plant a seed that the client isn't fully capable of receiving yet
- Client was expecting a yes or no answer, or specific instructions regarding in which direction to move forward, or which specific choice to make
- Client wanted information on a specific lifetime, but that lifetime never came up in the reading because the client's guides thought it was irrelevant to the client's current path

Try not to take it to heart. Sometimes it can be hard not to. It's these situations that can lead to Dealing With Doubt, as discussed above. In order for you to shift and grow in your process of accessing and reading the Akashic Records (or with anything in life) you need to see every side, find any resistance that still resides within you, and have a range of up/down experiences. This is how you grow the most, by having deeper experiences brought to you through the mirrors and teaches of the other people in our lives.

I have had a few clients tell me that my reading in part or in totality did not resonate with them. I've had one client walk away without even wanting to discuss or debrief. I had one client who was annoyed with what came through in the reading and cut the debrief phone call short. I've had clients tell me that something didn't resonate with them but other things did. I've had clients email me a year later after having re-listened to the recording to say that now something now makes complete sense whereas it didn't resonate with them during the initial listen. There are all kinds of responses but it's important to remember that YOU ARE NOT RESPONSIBLE FOR YOUR CLIENT'S TRIGGERS OR REACTIONS.

If you ever encounter mixed responses that you need to debrief over, I'm always available to hop on a quick call to walk through the situation with you. Don't let anything fester into self doubt, let's take care of it together. I'm always here for you.

KAREN'S SHARED EXPERIENCES IN THE RECORDS

I'd like to share a few experiences that I've had in the Records so that you can see how incredibly interesting this process can be, and also so that you understand that it's key to remain open to all possibilities and potentials, without having expectations. Because you literally never know what could happen during this multidimensional process.

FUTURE POTENTIAL TIMELINE

A few years ago I did a reading for a friend during which an adorable little blue-eyed, curly haired blonde girl showed up. She was a quick flash of a moment in time, not an actual fully detailed record. She had the most gorgeous blonde curly hair, ringlets that poofed off of her almost like Shirley Temple. She was so sweet and so happy and had the biggest smile on her face. And that was literally all that came through. My client was puzzled because in her youth she had a similar look except her eyes were brown. So we determined that it wasn't her younger self coming through. She thought it might be her inner child. Since there was no other information that came with this quick flash of an image, she gave up trying to figure it out. A year later, she texted me super excitedly saying that her new boyfriend introduced her to his young daughter and she looked EXACTLY like what I had described to her!

INTERACTING WITH AN INDIGENOUS ELDER IN THE RECORDS

I was describing to my client a large cave that she was being guided into. Once she entered the cavern at the end of the cave, there was an elder who was some kind of shaman/medicine man/spirit walker. He sat cross legged on the ground by a fire waiting for my client's other self to approach because he had a message for her. As I'm describing the scene, he looks up at me. Yes, AT ME!!! Now, my perspective in most readings is that I view the scene from behind the subject and a few feet above. And he looked right up at me, the NOW ME who was peering into this Record, and nodded his head in acknowledgment. I was so stunned. It was the first (but not the last) time that this happened and really drove home the incredible vastness and potential of the multidimensionality of the Akashic Records and the Akashic Field. It also really gave me pause in regards to how we think time and space actually operate. This is one of the readings that became a catalyst for me to re-work this course.

DISAPPOINTMENT OVER INFORMATION NOT RECEIVED

A client had a guide show up in a reading. This guide showed a lifetime where he was a beloved uncle to my client. They were so happy, like best friends, having fun adventures together out in nature. It was a lifetime of joy, as a reminder to my client that he needs to bring forth more of his own joy at this time in his life and that this guide wants to work with him to help him remember how to get back to that point within. My client told me that he was disappointed in the reading because he already has like 15 uncles, and so having an uncle guide means nothing to him and he didn't really need to connect. So I tried to explain in the follow up phone call that this uncle is ready and willing to be part of this process because this something his soul is asking for at this time ... but the client was not receptive. He ended the 30 minute phone call 15 minutes early because of how disappointed he was with the reading. He didn't feel it necessary to talk any further about it. The crazy part about this is that once the phone call was over, the client's uncle/guide was still hanging around, looking at me and shrugging and saying "I tried! Now I wait".

GALACTIC RECORDS

The first time this happened to me, I thought I was going crazy. I definitely had ALL the doubt in the world. I truly thought I was making it up. In fact, I had to pause my recording because even though I was open to the Galactic Records, I had no idea if my client would be. I was so afraid to talk about it because I didn't want them to think I was nuts and start telling everyone what a crazy person I was. By this time, my guides were so good at helping me through the doubt and reminding me that 1. the readings are not about me and what I "think", and that 2. each person that comes to me for a reading is ready for the information that is coming through for them, and that is exactly why this particular information is coming through right now. So I told my client about their incredible galactic lifetime, regardless of my own misgivings. Later, my client emailed me to say that it actually made total sense to them because they felt really drawn to the Orion star system lately and there had been so many signs and synchronicities involving Orion showing up in their life that they couldn't ignore it anymore. They said that they felt like the crazy one for being obsessed with Orion and so when the reading told them about a lifetime or two in that star system, they were finally able to settle in to the incredible messages and information that kept coming through for them, aside from my reading.

NOT READY FOR THIS KIND OF INFORMATION AT THIS TIME

In the beginning of my reading service, I had a client who during her follow-up phone call thanked me for my reading and said that she was going to pursue other avenues because after listening to my reading she realized that this process wasn't for her. I asked her if she was ok and if any of the information resonated with her. She said that it all resonated with her but that she was a bit shaken and taken aback because she didn't know what to do with it and so she wanted to step away from it. I offered her another phone call at any point in the future, if she ever did need to re-visit the reading or the emotions/feelings that it evoked. I never heard from her again.

THREE CONTIGUOUS READINGS

Recently, I did a check-in reading for a friend. This friend (friend 1) is working on a project with two other friends, one who is another client of mine (friend 2) and one who is not (friend 3). As the first reading was ending, the most incredible thing happened, she was actually on her way to meet up with and collaborate friend 2 within that other timeline. So I ended up doing a continuation reading for friend 2, in which both of them shared incredible experiences. At the end of that 2nd reading, another incredible thing happened.... it led into a continuation of the first two friends meeting friend 3 in that same timeline! So I tapped into friend 3's Records, in which all 3 of them had one combined epic experience. *(NOTE: The first two friends have given me open access to their Records, as we trade readings frequently. So I did not need to ask permission to tap in to the 2nd friend's Records. However the 3rd friend is not a client of mine so I did have to ask permission for accessing her Records to complete the continuation of the information. This sounds very complicated, but it seemed like a completely natural progression as it was happening!)*

GUIDED MEDITATION FOR CLIENT

About a year into me offering readings, I was guided to record a quick meditative journey in the middle of one of my client's readings. There was some traumatic information that was delivered regarding a toxic relationship that had progressed through time, and our guides felt that it would be beneficial to have a way to process what happened. So in the middle of the reading, I channeled through a meditative journey that helped my client to be able to meet with that family member in a contract ceremony, where their previous incarnation contracts with each other would be voided so that they could move on in different directions both energetically and physically. I was guided again in another reading to provide the *Meeting Your Ancestors* meditation to help them connect further with a specific group of ancestors. This is how my guided meditative journeys were born! Over time, I was guided to record them, along with a few others, and offer them to clients when the time was right. They have become an integral part of this course.



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